Your All-In Growth Roadmap

Creativity

Feel
Act

Think

Write

Speak

Envision

Question

Adjust

Strategize

Discipline

(Choices)

(Habits)

Implement

Plan

& Measure

Tactics

Encourage

Model

Support

Still

Present

Accepting

Insight

Grateful

Generous

Values

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Initials: _____
Your All-In Growth Roadmap Choices

Key: Never-0, Seldom -1, Sometimes – 2, Often -3, Consistently -4, Always -5

1. I describe my work and the work of others in a broad, positive context. (Envision)
2. I build specific approaches to accomplish group success with others. (Strategize)
3. I develop and/or use detailed plans to reach goals. (Plan Tactics)
4. I execute with those plans, track with metrics, and hold myself accountable for my group’s performance. (Implement/Measure)
5. I anticipate changes and welcome input from all sources. (Adjust)

My Discipline score total:

6. I trust my feelings as truth and guidance. (Feel)
7. I take responsibility for my thoughts and can stop negative thinking when I become aware of it. (Think)
8. I choose words consciously when I speak because words are powerful. (Speak)
9. I write to express what I feel and what I think. (Write)
10. I act in ways that are consistent with what I feel, think, and say. (Act)

My Creativity score total:

11. I ask others about their views, motives, and assumptions, and always listen. (Question)
12. I “walk the talk” to demonstrate my values in action to others. (Model)
13. I motivate others more from who I am, rather than what I may say. (Inspire)
14. I actively support others with what they need, once I understand their needs. (Enable)
15. I cheer for others. (Encourage)

My Support score total:

16. I can quiet my mind and listen to the voice inside me. (Still)
17. I accept people and circumstances as they are and forgive all, including myself, for past mistakes. (Accepting)
18. I am generous with my time and possessions. (Generous)
19. I am grateful for life’s gifts. (Grateful)
20. I live in the current moment. (Present)

My Insight score total:

Instructions:
A. Answer 5 questions.
B. Total your score.
C. Identify your HIGHEST score, turn this page over, and CIRCLE the corresponding element(s)
D. Consider changes in any low score or in any category where your total score is < 18