Intensive Coach Training Program
offered by Results Coaching Systems and Fairleigh Dickinson University

Thursday, Friday, Saturday
June 9, 10, 11, 2011
8:30 a.m. to 5:30 p.m.
(Followed by 12 teleconferences — 1.5 hours each)

FDU’s Metropolitan Campus
Dickinson Hall
Continuing Education Suite 1134
Room 1129
(140 University Plaza Drive, Hackensack, N.J.)

Cost

Early Bird Registration: $4,135.00
After April 30, 2011: $4,595.00
Includes a $20 Nonrefundable registration fee
Enrollment must be received by May 18, 2011

Registration

Credit card payment can be made by Telephone: 201-692-6500 or 800-338-3887 or Fax: 201-692-6505
E-mail registration: ceinfo@fdu.edu (check only, must be received before the start of class)

For Additional Information:
http://www.resultscoaches.com

Course Description
The Results Coaching Systems Intensive Coach Training Program begins with a three-day (Thursday, Friday, Saturday) intensive workshop conducted at FDU’s Metropolitan Campus followed by 12 teleconferences conducted in 1.5-hour sessions. The program is designed to give participants cutting-edge coaching skills, tools and resources to effectively coach others in any situation. Participants will explore the origins of coaching, looking specifically at contemporary neuroscience and its implications for coaching and facilitating change, while developing coaching communication skills. Participants will learn the principles behind each coaching technique and become confident in its effective use through regular practice with fellow trainees and “live” coaching clients.

Topic Areas

Contemporary Neuroscience
- Think about thinking
- Listen for potential
- Speak with intent
- Results Coaching model
- Dance of insight
- Create new thinking
- Follow-up with feeling

Coaching Processes
- Set powerful goals with clients
- Establish a coaching relationship and building trust
- Develop strategies for success
- Get clients into action
- Manage coaching sessions
- Manage progress and accountability
- Work with habits
- Operate as a coach